

## Did you know?

**Salt Therapy or Halotherapy** ("halos" Greek word for salt) - uses aerosol salt micro-particles to aid in the therapy of respiratory diseases. These inhalable salt particles are under 5 microns in size, being able to easily reach the alveoli in the lungs.

Halotherapy imitates the conditions of the micro-environment used in Speleotherapy ("speleo"-Greek word for cave), which has been practiced in salt caves in Eastern and Central Europe for over 150 years. In this region, the beneficial health effects of the microclimate of salt mines on the respiratory system are well known and documented by clinical studies.

Internationally recognized European innovations bring Speleotherapy to your home through a full In-Home line of products. Today you can benefit from salt therapy in the comfort of your home in an affordable and convenient way!

### Why to choose Salt Therapy?

Most drug therapies for respiratory diseases have only palliative effects; many have significant side effects, especially those with corticosteroids.

Salt therapy is a natural alternative or complementary therapy. It is non-invasive, drug free, has no side effects, and demonstrates significant results in aiding respiratory diseases, proved by clinical studies.

### Contact New Zealand distributor:

- \* By phone: (+64) 07 850 5440 / (+64) 0278 281 369
- \* By email: saline\_therapy@xtra.co.nz
- \* By post: Healthy Nutrition Ltd.  
31 Waiwherowhero Drive  
Hamilton, Post Code 3200

### Testimonials \*(Used for Asthma and Sinusitis)

Thank you for letting me trial salt therapy. I have found it beneficial to relieve sinus congestion and reduce asthmatic episodes. Before I used the device I took Arius daily, Nasonex 2 sprays twice a day, and Symbicort 2 puffs twice per day. I have used the Salin device for 3 months and I no longer take the Arius. I take Nasonex only once per day, and Symbicort once or twice a month.

My husband has told me that I no longer snore as loud as I did before.

Thank you again for this opportunity. I would recommend this device to people with breathing problems.

Sincerely,

Dr. Darien L-F, PT, PhD

The Downtown Clinic, London, Ontario

First of all thank you for introducing me to salt air therapy through our local paper. I can't believe how much my breathing has improved. I have mild C.O.P.D I always felt a tightness in my chest, my breathing was shallow, at night in bed I had a discomfort in my chest which made sleeping difficult at times, I today breath much better, there is no tightness or discomfort in my chest and I am sleeping much better. Again I say Thank you, you have a great product, the beauty of this treatment is that it works as I sleep, I will be mentioning this product to my Doctor at my next physical.

David Clark, London, Ontario



## HALOSENSE INC.

Phone: (+1) 519-641-SALT (7258)  
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Web Site: [www.SalineTherapy.com](http://www.SalineTherapy.com)

Halosense provides natural alternative, health-oriented solutions by combining the recognized ancient healing methods of therapy and today's technology, with a commitment to better quality of life!

Health from within the mountain of salt

Breathe better...Feel better!

Your natural relief for respiratory problems  
[www.SalineTherapy.com](http://www.SalineTherapy.com)

# Why Salt Therapy?

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## What do clinical studies state?

- For 50% of patients there was a reduction in the antibiotic intake, and 65% of asthma cases reduced their corticosteroids intake
- Reduction in pathogenic microorganisms (the bad guys) and, simultaneously, an increase in alveolar macrophages (the good guys)
- Reduction of IgE levels in patients with allergic asthma
- The number of asthma attacks and respiratory discomfort decreased significantly
- Improves quality of sleep and has beneficial effects in snoring, helping to clear and widen the airway passages
- Improves the quality of the patients' life and reduces the rate of annual hospitalizations
- Does not involve any risk and has no side effects
- Has beneficial effects in the treatment of chronic respiratory diseases

## Specific effects of salt therapy are:

- \* Mucolytic (assists in the elimination of excess mucus)
- \* Anti bacteriologic
- \* Anti inflammatory
- \* Immunomodulating on the respiratory mucosa

## Beneficial Effects

Salt therapy has beneficial effects in the treatment of

- Asthma and Chronic Bronchitis
- Chronic Obstructive Pulmonary Diseases (COPD)
- Cystic Fibrosis
- Various Chronic or Acute Respiratory Diseases
- Allergic Rhinopathy (Hay Fever)
- Sinusitis, Tonsillitis, Pharyngitis
- Ear Infection (Otitis Media)
- Relapsing Pneumonia
- Smoking Cough / Chronic Cough
- Snoring & Sleep Disorders - initiates a better sleep by clearing the airway passages and producing a relaxing effect on the nervous system due to the negative charged ions of salt
- Stimulates protective mechanisms from the respiratory tract, has immunomodulatory action which increases the mucosa resistance to infections
- Humidifies the bronchial secretions reducing broncho-spasm and facilitating smoke residual tar, phlegm expel and other allergens
- Unhealthy Skin, Acne, Eczema, Psoriasis
- Improves the quality of indoor air due to the negatively charged particles of salt which attach and annihilate to the positively charged particles of cigarette smoke, pollutants, bad odors, mold and bacteria.

## Ultrasonic Salinizer - Saltair Domo (Patent Pending)

The Ultrasonic Salinizer is an ultrasonic particle dispenser that uses the ultrasonic frequency vibration theory to transform the saline solution into breathable salt particles of 1-5 microns. These particles are released into the indoor air and are able to penetrate deep into the alveoli of the lungs, helping in cleaning, killing bacteria, reducing inflammation and humidifying the whole respiratory tract.

The Ultrasonic Salinizer can be used with very good results in all chronic respiratory diseases as well as preventive in healthy people. In chronic diseases it helps with inflammation, unclogs the residual buildups, clearing the respiratory system and induces healthier breathing. It also prevents respiratory diseases and protects against flu and colds by maintaining good hygiene over the whole respiratory system and increases the immunity of the respiratory mucosa to infections and allergens.

It is a very safe therapy for people of all ages, including infants and pregnant women. It does not interact with any salt free diet or medication. The device can also be used for respiratory problems in pets.

Saltair Domo uses only natural rock salt, (middle Miocene mineral halite salt crystals), unprocessed and untreated by any chemicals. It is easy to use, just plug it in and let it run during night. It is very quiet! Place the device close to your bed for the best effect and enjoy the benefits

